



Approaches to Actor Training

International Perspectives

1st edition

John Freeman

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This insightful and practically-focused collection brings together different approaches to actor training from professionals based at universities and conservatoires in the UK, the US and Australia. Exploring the cultural and institutional differences which affect actor training, and analysing developments in the field today, it addresses a range of different approaches, from Stanislavski's System to contemporary immersive theatre. With hands-on focus from some of the world's leading programmes, and attention paid to ethical control, consent and safe practice, this book sees expert tutors exploring pathways to sustainable 21st century careers. Designed for tutors, students and practitioners, Approaches to Actor Training examines what it means to train as an actor, what actors-in-training can expect from their programmes of study and how the road to professional accomplishment is mapped and travelled.

TABLE OF CONTENTS

1. Perspectives and Provocations, Prescriptions and Principles; John Freeman
 2. WAWPT: Whole Actor, Whole Person Training: Designing a holistic actor training programme for individual career longevity and wellbeing; Andrea L Moor
 3. Being Human; Adrian James
 4. All Those Words: Why bother with all those old plays?; Annie Tyson
 5. What Are You Saying? An Approach to Teaching Text in an Era of Language Loss; Laura Wayth
- 8 more...

FEATURES

- The only text on actor training to bring together approaches from a wide variety of institutions, training systems and cultures
- Chapters include detailed training workshops
- Sections on inclusion; student welfare; the ethics of control, consent and safe practice; wellness in training; reshaping training to ensure longevity of career and ongoing mental, emotional and spiritual wellbeing
- Considers gendering as it plays out in students' experiences of actor training